

Baked Beans

SERVING BEANS IS LIKE SERVING LOVE ON A PLATE! GOOD JOB, MOM!

SERVINGS: 15

PREP TIME: 15 Minutes

BAKE TIME: 15 Minutes

INGREDIENTS

- 1 tablespoon olive oil
- 1 cup green bell pepper, diced
- 1 cup onion, diced
- 4-(16 ounce) cans vegetarian beans
- 1 cup ketchup
- 1/2 cup brown sugar
- 1 tsp black pepper

DIRECTIONS

1. Add oil to non-stick skillet. Saute bell pepper and onion on medium/high until onions are clear—about 5 minutes.
2. Drain the canned vegetarian beans and add to skillet along with ketchup, brown sugar, and black pepper. Simmer on medium-low for 10 minutes or until sauce thickens. Serve with a smile.

