



I am brave  
I am bright  
**I AM BREASTFEEDING**




**Blessed...  
beautiful...  
—  
breastfed**



**Breastfeeding...**

**and  
proud  
of it**



God's gift to me is  
my gift to my child



The background is a purple-tinted photograph of a baby's feet. The feet are positioned in the lower half of the frame, with the toes pointing towards the right. A white, hand-drawn style rectangular box with slightly irregular edges is centered in the upper half of the image. Inside this box, the text "I am MOMstrong" is written in a bold, orange-red, sans-serif font. The overall composition is simple and focuses on the text and the baby's feet.

**I am MOMstrong**




I AM  
my child's  
**HERO**


A close-up photograph of a pair of hands, one light-skinned and one dark-skinned, gently holding a baby's foot. The image is overlaid with a semi-transparent purple filter. Two orange rectangular boxes with rounded corners are positioned at the top, each containing text. The left box says "Nurse a BABY" and the right box says "Nourish a SOUL". The words "BABY" and "SOUL" are in a larger, bolder font. On either side of the text boxes, there are stylized orange footprints pointing towards the center. The entire image is framed by a white border with a thin, repeating diagonal line pattern.

Nurse a  
**BABY**

Nourish a  
**SOUL**

A photograph of a baby's hands resting on a surface with pink and white diagonal stripes. A teal speech bubble with a white star on its left side is overlaid on the image. The text inside the bubble reads: 

**I choose to go  
with the flow**



A close-up photograph of a baby's hand being held by an adult's hand. The baby's hand is small and curled, while the adult's hand is larger and more open. The background is blurred, showing what appears to be a baby's head and shoulders. A teal hexagonal overlay is positioned on the left side of the image, containing the text "Prayerful... protective... PROUD". The text is in a bold, sans-serif font, with "Prayerful..." and "protective..." in a reddish-brown color and "PROUD" in a golden-brown color.

**Prayerful...**  
**protective...**  
**PROUD**

For me, it's not  
the easy way...

IT'S THE  
**only**  
way



**I DO IT FOR  
YOU**

**But mostly,  
I DO IT FOR  
US**



As long as  
**MY BABY**  
needs me



*the*  
***Chickasaw***  
***Nation***

WIC Program

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